

## 2018 – 2019 Adult Learning Course: “The Meaning of Life”

*Wisdom and Knowledge from the World’s Great Intellectual Traditions*

**When:** Thursdays Meetings@ 5:30-7:00 pm, twice a month, starting on October 11

**Where:** Downstairs Meeting Hall, Unitarian Universal Fellowship, St. Augustine

The course focuses on the significance of life as a whole. Is life all about **suffering**? Can humans overcome suffering and find **happiness**? How about our existence, social ties, and consciousness? Is life about creating hell for others and we cannot escape it? Then there is the subject of **death** of our family and friends before we must deal with our own. Topics that we will focus on include: Aristotle on happiness in all of its complexity and multidimensionality, Job’s predicament (life is So Unfair) and his challenge (Who are we?), teachings from the Bhagavad Gita, Confucius, Dao, Buddha, Zen, and Dalai Lama.

Each session will begin with one-half an hour of illustrated lecture on DVD from Jay Garfield, Professor of Humanities and Philosophy, Smith College. This will be followed by a moderated discussion on the issues and comments raised during the evening. Each program is stand alone and is independent of others that follow.

### Schedule for 2018-19

October 11	Aristotle on Life
October 25	Aristotle –The Highest Good
November 8	Aristotle—The Happy Life
November 29	Job’s Predicament—Life is So Unfair
December 13	Job’s Challenge—Who are we?
January 10	The Bhagavad Gita—On Choice and Daily Life
January 24	The Bhagavad Gita—Discipline and Duty
February 14	The Bhagavad Gita—Union and Purpose
February 28	Confucius—Order in Cosmos and Life
March 14	Daodejing – Life and Spontaneity
March 28	Daoism – The Best Life is Simple Life
April 11	Daoism—Impermanence and Harmony
April 25	Siddhartha Gautama—The teachings of Buddha
May 9	Zen—The Moon in a Dewdrop and Impermanence
May 23	Zen—Being-Time and primordial Awakening
June 13	Dalai Lama – A Modern Buddhist View
June 27	Dalai Lama—Discernment and Happiness

The Series is coordinated by **Surindar Paracer**, Ph.D., Professor Emeritus of Biology, Worcester State University, Massachusetts. He is co-author of two books on Symbiosis and has been interested in the Emergence and Evolution of Cooperation in Nature.

Charles West and Surindar Paracer are Co-chair of UU Adult Learning.

***We extend our warm welcome to all. Please come and join us in this adventure***