

# QUEST



Unitarian Universalist Fellowship of St. Augustine Newsletter  
St. Augustine Beach, Florida

June 2024

2487 A1A South, St. Augustine, FL 32080

3/4 mile south of State Road 312

[uufsacontact@gmail.com](mailto:uufsacontact@gmail.com) <http://www.uufsa.org/>

Sunday services are presented in-person and online at 10:00 a.m.

Click <https://us02web.zoom.us/j/4750592013> after 9:30 a.m.

A Sunday children's program also is available.

Recordings of most past presentations are available on our website.

## 39 ~~30~~<sup>th</sup> Anniversary Edition

Correction: Ray Adman, one of the UUFSA founding members advised me that Bill Wilke began producing the Quest in 1985 and carried on for nineteen years. I doubt that I will make it that

long but time will tell. *Don*

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The *Quest* is published monthly September through July.  
**Materials for the September issue are due by August 17.**

Don Brandes, Editor: [donaldbrandes@gmail.com](mailto:donaldbrandes@gmail.com)

Thanks to Michael Read for proofreading.



# From Your President



After a successful and productive year at the UUFSA, highlighted at the annual meeting on June 9, during which we recognized the generous donation of time, talents, and resources by our volunteers, we begin our new fiscal year on July 1.

During the six Sundays of July and the first half of August, we will conduct informal services with recordings of some of the best speakers from our past followed by coffee, cookies, and conversation in our downstairs social hall. Childcare will be available. We will resume our regular Sunday morning services on August eighteenth with the return of our talented musicians and teachers for children and youth in addition to invited speakers.

I want to express my appreciation to the Board of Trustees during my year as President. This dedicated group of volunteers worked smoothly and productively together to guide and support the operations of the fellowship along with the various committees and teams. Although we employ a bookkeeper, we do not employ a minister or administrator. The responsibility of continuing the activities of our fellowship depends on the volunteer efforts of our members and friends.

For some of us, the months of July and August are times for travel and vacation, rest and recovery, reflection on the past and planning for the future. Our individual journeys need not be solitary. Interpersonal connections with family, friends, fellow congregants, and community members can be mutually supportive and loving. Spiritual connections with natural or supernatural presences can be a source of strength and resilience in the face of physical, emotional, and mental suffering. I will end my monthly Quest columns with a quote from a relatively unknown Armenian-Russian American writer.

“To be alone with yourself is to be alone. To be in the company of others is to be alone together. The only time you are not alone is when you forget yourself and reach out in love — the lines of self blur, and just for a wild, flickering moment you experience the miracle of other. And now you know the secret.” -- *Vera Nazarian*

**In fellowship,  
Fred Dolgin**

<p><b>904-687-4018</b> fdolgin@bellsouth.net</p>
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# Sunday Programs

**Sunday services are presented in-person in the Fellowship and online.**

To join online, go to <https://us02web.zoom.us/j/82356339615> after 9:30 a.m. For safety, we are asking everyone present in person at the live service to be vaccinated. Wearing a mask is optional.

**The front doors of our sanctuary are locked at 10:10 a.m. on Sunday mornings to promote the safety and security of service attendees.**

## Sunday Announcements

If you have a brief, UUFSA-related announcement you would like the Service Leader to relay to the fellowship at the beginning of our Sunday services, please submit it by email to the Service Leader no later than 24 hours before the Sunday service. Please send it directly to the Service Leader for the specific date you request. Due to time constraints, and the many diverse interests of the members of this fellowship, only UUFSA events will be announced.

July 7 – August 11: Jerome Fosaaen, [fosaaeni@gmail.com](mailto:fosaaeni@gmail.com)

August 18: Christy Sanford, [christy.sanford@gmail.com](mailto:christy.sanford@gmail.com)

August 25: Chris McDermott, [RRafael2@aol.com](mailto:RRafael2@aol.com)

## A Little Help from Your Friends



For any reason, if you need help getting from the parking lot to the Sanctuary and back again, we now have a wheelchair on hand to assist you. Just ask anyone in the parking lot to let the Greeters know that you need assistance, and someone will come to your car with the wheelchair. Please try to arrive 15 minutes early so we have time to get you situated. Note that you must be able to transfer into and out of the wheelchair on your own. We hope this service furthers our aim to be an inclusive, welcoming community.





## **Summer Services 2024**

### **"Voices from Our Past"**

This summer we will once again meet for Sunday services during the summer, for the first time post-pandemic.

Don Brandes has been digitizing cassette tape recordings of old services, many of which are talks which were given by founding members of our fellowship, and has suggested some of the best to present for the six Sundays of our break from normal services. Jerome Fosaaen will be facilitating these informal and abbreviated services, without hymns and some of the other regular components of services.

Some of our past members we will hear from include Stan Weisberger, John Ritson, Maryellen Kelso and Abe Cohen.

**July 7 - Stan Weisberger, "What Is Religion?" from April 2000**

**July 14 - Abe Cohen, "Whose Life Is It Anyway?" from June 1996**

**July 21 - John Ritson, "Creativity" from November 1996**

**July 28 - Mary Ellen Kelso, "Universalism" from May 2001**

**August 4 - Jack Ford, "Worth and Dignity" from May 2003**

**August 11 - John Ritson, "Drawing Between the Lines" from January 1997**

Should you wish to help with the summer services in any way, please contact me.

**Jerome Fosaaen**  
**904-417-7111**

When I first joined the UUFSA in 1998, I was surprised to find the three wisest people I have ever known all in this one little congregation: Stan Weisberger, John Ritson, and Abe Cohen. Our other summer speakers are pretty darned sharp too. I urge you to come and listen to some of their wisdom.

*Don*

**Sunday, August 18, 10:00 a.m.**  
**“Water Communion”**  
**Speaker to be Announced**

Service Leader: Christy Sanford

Music: Alex Richman

Third Sunday: Cash Plate Donation: Home Again St. John’s  
Food Collection by Children

Please remember to collect water during the summer for our traditional UU Water Communion. Your water will join water collected in previous years by members of our fellowship, to remind us that although we are different in our beliefs, we are all Unitarian Universalists!



**Sunday, August 25, 2024**  
**“On Love, Part Two”**  
**Speaker: Phillip Baber**

Service Leader: Chris McDermott

Music: Barbara Joy Plattner

Fourth Sunday: “Green Minute”

In this service, we will continue our ongoing investigation of the definition of “love.” What role—if any—does the idea of self-sacrifice play in a healthy understanding of what it means to love others?

Pastor Phillip Baber is well known to this Fellowship and is a strong advocate of social justice. His ministry emphasizes Reconciliation and Empowerment in the Judeo-Christian tradition. In years past, Phillip served as pastor of the Unitarian Church in Jacksonville, and as an interfaith leader in greater Jacksonville. Some months ago, Phillip and his family moved to Dublin. Besides being a devoted husband and father, Phillip continues his scholarly research and writing.



# Programs for Children and Youth

## Supporting Families



Our formal Programs for Children and Youth are on summer break. Nevertheless, members of the Fellowship will be available throughout the summer to work informally with young people who may attend. Formal classes will resume mid- August under the leadership of our wonderful Teacher Ramona and Assistant Teacher Ayler.



Teacher Ramona  
They/Them



Assistant Ayler  
She/Her

During the summer, Jindy Gelow and Barbara Battelle, co-chairs of the UUFSA's Programs for Children and Youth, in consultation with parents and our wonderful teachers, will be busy planning for the coming year. Once curricula are selected, this information will be available on our website [uufsa.org](http://uufsa.org)

We wish all of our families a wonderful summer and look forward to seeing all of you in August.

For more information about the UUFSA's Program for Children and Youth, please contact Barbara Battelle ([Battellebarbara@gmail.com](mailto:Battellebarbara@gmail.com))

# Care Connection

The Care Connection Team provides short-term, non-medical support for Members and Friends of the Fellowship during times of difficulty. With the help of the UUFSA Congregation, the Care Connection:

- Makes hospital or home visits
- Provides wellness-check phone calls or calls just to converse
- Runs errands
- Provides rides to appointments and church functions
- Delivers meals during times of adversity
- Offers financial assistance to members in need (all information is confidential)



We thank everyone for their generous support with transportation to medical appointments, making meals, assistance with errands, visiting and sharing.

Contact one of our members listed below if you are in need of assistance or would like to join the Care Connection Team. Phone numbers are available in the Membership Directory.

Rosemary Wheeler, Co-Chair,  
Marsha Williams,

Anne Wilke,  
Trudy Byerly

Michael Read,

**The Care Connection is seeking new members!  
If you're interested in joining this essential and supportive committee,  
reach out to either Rosemary Wheeler or Maureen Herth.**

## Island Players

The Island Players play reading group will not meet in July or August



## Darts

The darts group will not meet in July. The group may meet in August. Contact Chris McDermott, [mcnoodle55@gmail.com](mailto:mcnoodle55@gmail.com), if interested.

# St. Johns Food Pantry (AKA St. Johns Ecumenical Ministries Inc.)



We still have plenty of volunteer opportunities at the pantry and would appreciate your participation. Volunteering allows you to share our work, know our team members, and get to know our clients who are most grateful for our assistance. For more information, contact Mary Kellough at 904-217-9837 or [lkellough@comcast.net](mailto:lkellough@comcast.net).



To make a cash donation to the food pantry, please bring or mail your check to UUFSA, 2487 A1A South, St. Augustine, FL 32080, or go to our website at: [Unitarian Universalist Fellowship of St. Augustine \(square site\)](http://www.uufsa.org)

## Dining With Dignity

Dining with Dignity is our once-a-month opportunity to feed the homeless downtown. A menu is sent out two weeks in advance, listing the items we need. We set up between 5:30 and 5:45 p.m. on the first Sunday of each month and serve at 6:00 p.m. If interested in participating, please contact Mary Kellough at [lkellough@comcast.net](mailto:lkellough@comcast.net).



## Motion is Lotion

Motion is Lotion will continue with the full 60 minutes of Strength and Stretch and Qigong warm-up. Cost is \$10 per class or 4 classes for \$32. Call for questions and permission to add to reminder text list. **Priscilla, 904-347-7497**



# UUFSA Events



## July

- 4 – Motion is Lotion
- 5 – Food Pantry 1:00 – 4:00 p.m.
- 7 – Dining with Dignity 6:00 – 7:00 p.m.
- 8 – Board of Trustees meeting, 4:30 – 6:30 p.m.
- 11 – Motion is Lotion
- 12 – Food Pantry 1:00 – 4:00 p.m.
- 14 – Third Sunday food collection during service
- 18 – Motion is Lotion
- 19 – Food Pantry 1:00 – 4:00 p.m.
- 25 – Motion is Lotion
- 26 – Food Pantry 1:00 – 4:00 p.m.

## August

- 4 – Dining with Dignity 6:00 – 7:00 p.m.
- 8 – Motion is Lotion
- 9 – Food Pantry 1:00 – 4:00 p.m.
- 12 – Board of Trustees meeting, 4:30 – 6:30 p.m.
- 15 – Motion is Lotion
- 16 – Food Pantry 1:00 – 4:00 p.m.
- 16 – Darts 6:00 – 8:00 p.m. Tentative
- 16 – Deadline for September *Quest* contributions 5:00 p.m.
- 18 – Third Sunday food collection during service
- 22 – Motion is Lotion
- 23 – Food Pantry 1:00 – 4:00 p.m.
- 29 – Motion is Lotion
- 30 – Food Pantry 1:00 – 4:00 p.m.

This calendar includes only UUFSA events. See the **online calendar** at [Online Calendar \(uufsa.org\)](http://uufsa.org) for the complete scheduling of UUFSA building use.

# Beyond Our Congregation

## The Mountain Retreat and Learning Center



Join us at The Mountain Retreat and Learning Center, a Magical UU Place and experience near Highlands, NC

**Elementary Mountain Camp:** The Mountain comes alive with fun and adventure as our inclusive summer camp experience connects our youth with each other and the great outdoors. From hikes and campfire singalongs to woodland adventures - it's a great way to spend the summer!

June 30–July 13, Ages 9-11.

**Learn more and register:** [www.themountainrlc.org/mountaincamp](http://www.themountainrlc.org/mountaincamp)

**Adult Farm Camp** - August 19 - 23, 2024

Roll up your sleeves and experience the joy of farming firsthand. From planting seeds to harvesting crops, you'll gain practical skills and a deeper appreciation for the regenerative practices that fuel our farm-to-fork philosophy. Enjoy edible plant and mushroom foraging, create medicinal products from our ingredients, learn how to propagate and cook with local vegetables, and much more!

**Learn more and register:** [www.themountainrlc.org/adult-farm-camp](http://www.themountainrlc.org/adult-farm-camp)

We look forward to seeing you soon!

[themountainrlc.org](http://themountainrlc.org) 828.526.5838

Mountain newsletter: sign-up at the bottom of the home page:

<https://www.themountainrlc.org/>

<https://www.facebook.com/TheMountainNC/>

<https://www.instagram.com/themountainrlc/>