

# QUEST



**Unitarian Universalist Fellowship of St. Augustine Newsletter**  
St. Augustine Beach, Florida

**January 2020**

**2487 A1A South, St. Augustine, FL 32080**  
**3/4 mile south of State Road 312**

[uufsacontact@gmail.com](mailto:uufsacontact@gmail.com)   <http://www.uufsa.org/>

**Fellowship services are held Sundays at 10:30 a.m.**

**A program for youth is provided at 10:30 a.m.**

**Refreshments are served after the service so all may socialize.**

Audio transcripts of most presentations are available on our website.

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## **Board of Trustees 2019 - 2020**

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The *Quest* is published monthly September through July.

**Materials for the February issue are due by January 17.**

Don Brandes, Editor: [donaldbrandes@gmail.com](mailto:donaldbrandes@gmail.com)

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David Wright for printing each issue of the *Quest*.

# From Your President



A few months ago I wrote about how this season between Halloween and New Years can be so busy, and this year has proven no exception. Between family obligations – and Chris and I both come from large families – the demands of a business and the increased number of social events of the season, it can seem a bit much. In addition this year, I have the responsibilities of being UUFSA President, responsibilities which seem to have changed since I was last president ten-plus years ago. The use and sheer volume of email can seem overwhelming, and I don't recall that being the case previously. So, if I sometimes seem a little slow in responding to an email, bear with me and don't be shy about prodding me if I have not replied in a suitable time.

I have had time to reflect upon this last year in our Fellowship, and what I mostly have been impressed with is, first, how active our members are in the voluntary work that is done here. I won't list all the activities, which would be a long list, but will say that as President I am more keenly aware of the enormous contributions that are made which make this Fellowship what it is. And, second, I believe we have seen this year an uptick in people signing the membership book, some who are jumping right into important volunteer activities.

Looking forward to next year, I would like to encourage such behavior – as is said “many hands make light work.” I have thought also of the many people who are listed as Friends of UUFSA, some who have been for years. I can understand, as I am really not much of a “joiner” myself, and in fact hung out as a Friend of the UU Church of Jacksonville for about three years before I decided to join and call myself a Unitarian. I encourage our Friends to also consider making that step.

I wish everyone a healthy and happy 2020. As always, if there is some way we may be of assistance, let us know.

<p><b>Jerome Fosaaen</b> <b>904-417-7344</b> <b>fosaaenj@gmail.com</b></p>
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**Sunday, January 5, 10:30 a.m.**

**“P.T. Barnum”**

**Ray Adman**

Service Leader: Ray Adman

Music: Taffy Rook



PT Barnum was the most famous showman of his time!

He was also a devout Universalist.

How did this colorful charismatic entertainer wow his audience?

Is knowledge of his career relevant today?

Could his magic still work?

Everything old is new again!

Ray Adman has been a member of the UUFSA since its inception and has a background in biochemistry and medicine.

**Sunday, January 12, 10:30 a.m.**

**“A String Quartet Sampler”**

Service Leader: Gina Jonas

Music: Alex Richman

“This I Believe”: Fred Dolgin

We will be playing portions of 4 different pieces by composers Bach, Haydn, Mozart and Tchaikovsky, starting in the Baroque period of music and ending in the Romantic period. From these pieces, you will be able to hear the evolution of string quartet music from the concerto grosso format to the more lyrical melodies of the Romantic period.

Bach – Brandenburg Concerto No. 3 in G Major (1708-1717)

Haydn – Serenade for Strings Op. 3 No. 5 (1805)

Mozart – Eine Kleine Nachtmusik (1787)

Tchaikovsky – Quartet No.1 in D major, Andante Cantabile (1871)

The Bella Costa String Quartet comprises principal members of the St. Augustine Orchestra (SAO): Patti Coleman, concertmaster; Rebecca Simpson, first violin; Heather Turvey, principal violist and Alexander Lynn, principal cellist. Formed in the summer of 2018, they recently performed the first movement of Schubert’s “Death and the Maiden” string quartet for the SAO’s season opening concert in October.

# **Sunday, January 19, 10:30 a.m.**

## **“An Examined Faith”**

### **Jack Ford**

Service Leader: Robin Mahonen

Music: Palmer Short

Third Sunday Food Collection

Third Sunday Plate Donation: Food Pantry



Every U.U. minister in America knows the name James Luther Adams. Even Wikipedia calls him “the most influential theologian among American Unitarian Universalists in the 20th century.” Adams was a Harvard graduate, Unitarian minister, and Professor of Religious Ethics. He also was a social activist. Adapting a famous Socratic adage, Adams once declared that “an unexamined faith is not worth having.” As a liberal and socially responsible church, the work of Adams can help us ask the right questions and challenge us to live our faith.

Rev. Jack Ford is a fellowshipped minister with the Unitarian Universalist Ministerial Association. He has been in UU ministry for 21 years serving in the Florida district.

# **Sunday, January 26, 10:30 a.m.**

## **“Embracing Our Whole Story”**

### **Andrew McKnight**

Service Leader: Robin Mahonen

Music: Alex Richman

Green Minute



Celebrating with humor and compassion the essential value of the skeletons we keep sequestered in the closet to our whole self.

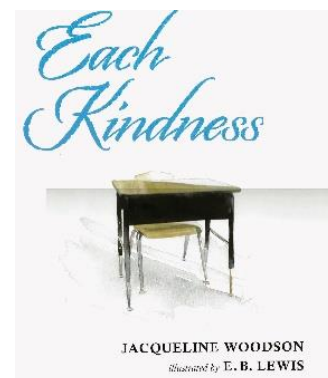
Andrew McKnight is a former environmental engineer turned award-winning singer/songwriter and guitarist from the foot of northern Virginia’s Blue Ridge. His musical journey is nearing a million miles of America’s blue highways and scenic backwaters. His music and messages are infused with great reverence and warmth for the human journey and our place on this magnificent blue ball. In addition to his nationally acclaimed performing and recording career, our fellow UU has devoted much of his

energy and passion to causes and issues dear to our faith. Visit him at the CD table, and connect with him at: <https://www.andrewmcknight.net/index/>

# Programs for Children and Youth



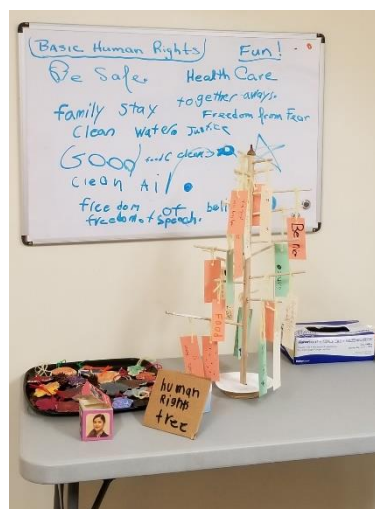
We began December with a Story for All Ages about kindness, “Each kindness makes the whole world a little bit better.” It is a story about the sadness of kindnesses withheld. For the rest of the month, we practiced giving kindness.



The children painted leaf ornaments to decorate the Thanksgiving table at the Fellowship, and, together with Jindy Gelow, they continued their tradition of decorating holiday cookies for the guests at the Dining with Dignity dinner. The children were also on hand to serve the cookies to the Dining with Dignity guests.



Our children were actively involved in the Guest at Your Table (GAYT) fundraiser for the UU Service Committee (UUSC). Funds raised for the UUSC are used to promote human rights around the world. This fundraiser prompted a discussion about what basic human rights are, and the children came up with a list.



From this list they prepared bookmarks on which they listed one of the basic human rights they had identified. They displayed the bookmarks on a “human rights tree” and sold them for 25 cents each together with holiday ornaments they had made. They will donate all proceeds from these sales to the UUSC. We thank the members of the Fellowship for supporting the children’s efforts. We wish all our families health, happiness and kindness in the New Year, and we look forward to having more fun with your children as we learn together.

If you have questions about our Program for Children and Youth or would like to volunteer to work with our children, please contact Jindy Gelow ([jindyms@yahoo.com](mailto:jindyms@yahoo.com)) or Barbara Battelle ([battellebarbara@gmail.com](mailto:battellebarbara@gmail.com)).



# Skeptics and Believers: Religious Debates in the Western Intellectual Tradition 2020

What are we doing when we profess belief in God? When we pray? When we join others in rituals of worship? Modernity is a historical period characterized by advances in science and new models of reason. New questions about God, faith, and religion began to be asked. How do we know that God exists? Is religion a force for good in human life, or is something that belongs to a past age, a symptom of the childhood of humanity?

**January 7**

**“Kierkegaard’s Faith”**

**Chris McDermott**

**January 21**

**“Secular and  
Postmodern Theologies”**

**Chuck Chambers**

**Tuesdays: 5:00 - 6:30 p.m., downstairs meeting hall, UUFSA**  
**Series Coordinator: Surindar Paracer, Co-chair, UU Adult learning**  
**Contact Surindar Paracer at 904-217-3802 [sparacer@worchester.edu](mailto:sparacer@worchester.edu).**

<u>Date</u>	<u>Topic</u>	<u>Discussion Leader</u>
February 4 .....	Nietzsche and Genealogy of Morals .....	Nana Royer
February 18 .....	Nietzsche – Religion and the Ascetic Ideal .....	Nana Royer
March 10.....	Freud – Religion as Neurosis.....	Louis Post
April 7 .....	Barth and the end of Liberal Theology .....	Chris McDermott
April 21 .....	Modern Jewish Philosophy .....	Louis Post
May 5.....	Judaism and Modernity .....	Louis Post
May 19.....	Kierkegaard’s Paradox.....	Chris McDermott
June 9.....	New Atheisms .....	Richard Lahey
June 23.....	Pluralisms – Religious and Secular.....	Jane Mahoney

# From the Food Pantry



Many thanks to all of you who donated five dollars or more to the Food Pantry holiday fundraising project. It is so appreciated, as the Pantry is currently facing a monthly deficit.

Our newest volunteer, Robin Russo, is just beginning to offer and implement more fundraising ideas for the pantry. Thank you, Robin!

Chris and Jerome Fosaaen, as well as Robin, have been spending time at Growers Alliance warehouse with Martin Kabaki, a co-owner. He has generously let them use his industrial grinder to grind 254 pounds of donated coffee beans. This team, which also includes Marsha Williams and Nana Royer, then bags the coffee for individual families.

Wishing all of you a new year filled with joyful moments and good health.



Chris and Jerome Fosaaen with Martin Kabaki

**UUFSA Food Pantry, please contact Co-coordinators:**  
***Cherie Dolgin (904) 461-1604 or Chris Fosaaen (904) 673-5630***

## **Great Decisions “Climate Change” Nana Royer Monday, January 20, 6:00 - 8:00 p.m.**

Climate change has become one of the defining issues of our time. As much of the world bands together to come up with a plan, the U.S. remains the notable holdout. What is the rest of the world doing to combat climate change? What impact will the effects of climate change have on global geopolitics? All are welcome. Tell your friends!

Every Great Decisions discussion is followed up with a questionnaire that gets circulated by the Foreign Policy Association to policy makers. The 2019 National Opinion Report can now be viewed at [https://www.fpa.org/ckfinder/userfiles/files/2019\\_Ballot\\_Report\(ONLINE\).pdf](https://www.fpa.org/ckfinder/userfiles/files/2019_Ballot_Report(ONLINE).pdf). It's quite fascinating!!

For more information, please contact Yosi at [jomcintire@bellsouth.net](mailto:jomcintire@bellsouth.net) or 904-461-3175.

## Flowers for Sunday Services

If you enjoy seeing flowers at our Sunday services, please sign up on the calendar downstairs in the Social Hall to bring them. If the flowers are in honor of a special occasion or person, just write up and hand the commemorative text to the Sunday Service Leader who will read it as part of the service announcements. Or, make your own announcement as part of "Joys & Sorrows." Please remember to take your flowers with you after the service so you can enjoy them all week long at home!



## Choir



To all members and friends:

Do you like to sing? The UUFSA Choir would like you to join us!

No audition necessary, and the ability to read music is not required. Come to the sanctuary at 9:30 any Sunday morning and jump right in!

## Call for Coffee Hour Hosts

Sign up to host a coffee hour in 2020! Our popular UUFSA coffee hour takes place after every Sunday service in our Social Hall downstairs. During coffee hour, you may talk to our Sunday speaker, meet new Fellowship members, catch up with your friends and make new friends.

Please sign up for an opportunity to feed your Fellowship during a 2020 coffee hour. About the food: keep it simple and be sure that there's something for Vegans too.



We need two persons per Sunday. To sign up, put your name on the clip-board calendar in the Social Hall near the coffee station or contact Coffee Hour Coordinator, Rosi Angeli, via phone or text at 904-315-4284 or email [rosiangeli6@gmail.com](mailto:rosiangeli6@gmail.com)





*Unitarian Universalist Justice Florida*  
Bending Florida toward Justice

## **Last Call for UUJF Legislative Days January 27-28, 2020**

From the ***UU Justice Florida Newsletter***:

Help! Organize Human Energy with UUJF.

We agree with Teilhard de Chardin who believed our future depends on how we organize human energy. We can complain about corporate corruption or the 1% that some refer to as the ruling class, or we can organize with other individuals to resist greed and oppression by organizing in ways that are desirable, sustainable and effective.

UUJF strives to collaborate and that's where you come in. Make a positive difference in your world? Help us organize human energy consistent with UU values? Get in touch with us at [info@uujusticfl.org](mailto:info@uujusticfl.org). We'll have a conversation and explore ways that you can get involved.

***Rev. Bud Murphy, President UUJF***

This is your opportunity in 2020 to visit our state capitol, have a working dinner at the UU Church of Tallahassee, and learn how you can influence your state legislators to vote on issues important to us as UUs. This is an opportunity to do more than pay lip service to our values and do our part in getting them into legislation.

You can sign up here for legislative days:  
<https://uujusticefl.salsalabs.org/registerforuuiflegislativedays/index.html>

You also can sign up for the UU Justice Florida newsletter here:  
<https://uujusticefl.org/take-action/?eType=EmailBlastContent&eld=2d127195-509c-49d7-a3f3-75159ab37513>

Any questions, please contact **Nana Royer** ([nana@nrdp.net](mailto:nana@nrdp.net), 904-377-1600). We can also see what we can do about arranging carpooling.



# Green Team – January News



## Green Team Cruise on the Matanzas River

Rosi and Annette joined a team of UUs and friends who boarded the Litter Gitter II on Nov. 26th for a river clean-up cruise with Captain Adam Morley. The eleven intrepid explorers cruised down the Matanzas from the Genung Fish Camp, learning from Captain Adam about river conservation and its enormous productivity (clams, mussels, fish, and more). They also helped clean up a stretch of the riverbank. The photo shows Captain Adam and his crew of explorers, also including Alex, Barbara, Sue, Judy, Larry, Katherine, Marsha and Ted, as they boarded. The Litter Gitter 2 is one activity supported by the Matanzas River Keeper, whose mission is to preserve and protect our beautiful river. If you're interested in a future cruise on the Litter Gitter 2, the Green Team will organize a ride in early spring. Stay tuned.

The UUFSA achieved accreditation as a “Green Sanctuary” back in 2011. Since then we have continued our efforts to reduce energy consumption and promote greener practices, relying upon the dedication of our committed members. After nine years, the GT believes it is time to renew our accreditation and redouble our efforts. Nana Royer will lead the review of ongoing programs, and Robin Russo will get us going on a new action plan. The renewal of our accreditation with the UUA requires five (or more) action programs, a mix of ongoing and new. With regard to the electricity use at our Fellowship, it appears that late afternoon weekdays are the period of prime use, and which result in a higher-than-desired electric bill. Please refrain from “jumping up” the thermostat and move it only one degree in any 15-minute period. The GT meets downstairs after coffee at 12:15 on the 4<sup>th</sup> Sunday of the month. Stop by if you want to learn more. Submitted by Chris McDermott



# **Qigong Classes with Bob & Fran**

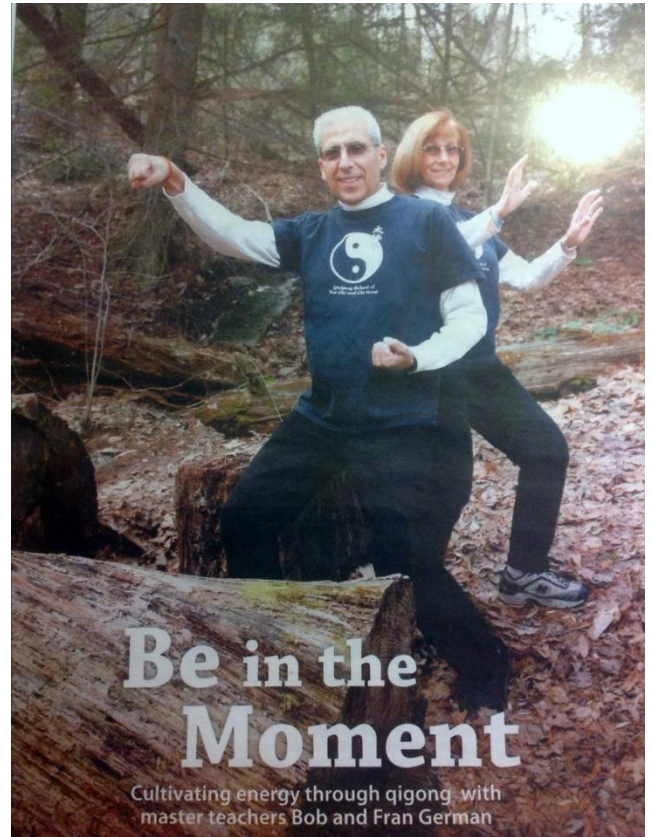
## **Wednesdays, 4:00 - 5:00 PM at UUFSA**

These are ongoing weekly "drop-in" classes, so just come when you can! Easy, Fun, and Healthful!

Qigong (chee gung) means "energy exercise" and is much like Tai Chi, but easier to learn. It is based on an ancient Chinese wellness system that enables self-healing through natural energy cultivation.

You will be led through a series of slow simple stretches, gentle exercises, and flowing movements. NO jumping, lying on the ground, or sweating! Stand or sit. No equipment needed. Dress comfortably. Bring a friend.

The potential benefits are many, including increasing energy, lowering stress levels, improving circulation, assisting the respiratory and digestive systems, reducing blood pressure, better sleep, improving balance, stronger bones and joints, more flexibility, and reversing the aging process. Regular Qigong practice can help to prevent and even reverse disease and discomfort.



Donations are optional and 100% goes to both the UUFSA and the ACT Project to Abolish Child Trafficking.

**Questions? Email Master Instructors, Bob & Fran German, at [bobnfran@gmail.com](mailto:bobnfran@gmail.com) or call 828-674-1677**

*Get your doctor's approval before starting this or any new fitness program.*

## **Book Group**

### **Tuesday, January 21, at 1:00 p.m.**



The book for discussion is ***The Kitchen House*** by Kathleen Grissom. Fran Pacheco will be discussion leader. For further info, contact Bobbie Brenner 904-471-2099, [barbbren25@gmail.com](mailto:barbbren25@gmail.com).

# Care Connection



Our Care Connection group provides short-term support and assistance for members of the Fellowship during times of difficulty. We thank everyone for their generous support with transportation to medical appointments, making meals, assistance with errands, visiting and sharing. The Care Connection serves everyone in our Fellowship willing to receive and give support at times of difficulty. Contact one of our members listed below if you are in need of assistance or would like to be involved in the Care Connection Team. We accept and appreciate donations.

Claudia Atkins, Chair ..... 386-717-6765  
Adele DelSavio ..... 315-529-6287  
Cherie Dolgin ..... 904-461-1604  
JoAnne Engelbert ..... 904-460-1190  
Pat Hall ..... 914-787-9184

Maureen Herth ..... 904-463-1032  
Cynthia McAuliffe ..... 904-863-1303  
Rosemary Wheeler ..... 352-339-4157  
Anne Wilke ..... 904-797-1944

## Dining With Dignity

Our next opportunity to provide a nourishing meal for the homeless will be **Sunday, January 5, 6:00 – 7:00 p.m.** For more information, contact a member of the Dining with Dignity Team:

***Mary Kellough, 904-217-9837***



## Friday Darts Nights January 3, 17 and 31, 7:00 p.m.

Darts nights are held at the Pub UU (downstairs at UUFSa) at 7:00 p.m. on the first and third Friday of each month and the fifth Friday if there is one. Contact Palmer Short, [palshort@gmail.com](mailto:palshort@gmail.com), for details.

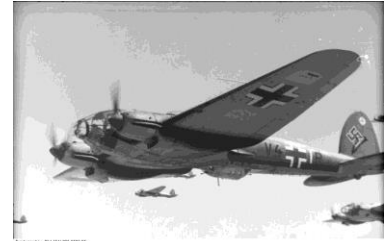


## Palmer's Pic January 24, 6:30 p.m.

### **HOPE AND GLORY**

The movie for January is **Hope and Glory**, about a boy's experiences during the Blitz in England in WWII and how his family coped. My friend Pat Willott who was born during the Blitz, has agreed to say a few words about her memories.

**Palmer**



## January Calendar



- 3 – Darts 7:00 – 9:00 p.m.
- 5 – Dining with Dignity 6:00 – 7:00 p.m.
- 6 – Program Team 5:00 – 7:00 p.m.
- 7 – Adult Learning 5:00 – 6:30
- 8 – Qigong Class 4:00 – 5:00 p.m.
- 9 – Indivisible St. Augustine 7:00 – 9:00 p.m.
- 10 – Food Pantry 1:00 – 4:00 p.m.
- 13 – Board of Trustees meeting 6:00 – 8:30 p.m.
- 15 – Qigong Class 4:00 – 5:00 p.m.
- 17 – Deadline for February Quest contributions
- 17 – Darts 7:00 – 9:00 p.m.
- 19 – Third Sunday food donation during service
- 20 – Great Decisions, Climate Change 6:00 – 8:00 p.m.
- 21 – Book Group 1:00 – 2:45 p.m.
- 21 – Adult Learning 5:00 – 6:30
- 22 – Qigong Class 4:00 – 5:00 p.m.
- 24 – Food Pantry 1:00 – 4:00 p.m.
- 24 – Movie, *Hope and Glory* 6:30 p.m.
- 26 – Green Team 12:30 – 1:30 p.m.
- 27-28 – UUJF Legislative Days, in Tallahassee
- 29 – Qigong Class 4:00 – 5:00 p.m.
- 31 – Darts 7:00 – 9:00 p.m.



# **Beyond Our Congregation**



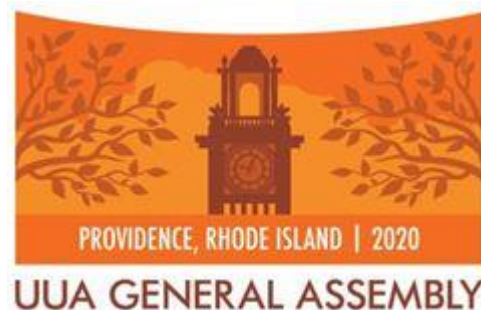
For information about events beyond our Fellowship, check the UUA Southern Region event calendar at <http://www.uuasouthernregion.org/home.html> and the UUA website at <http://www.uua.org/>

## **GA 2020: Rooted, Inspired, & Ready! June 24-28, Providence, RI**

The theme for [General Assembly](#) in June 2020 is Rooted, Inspired, & Ready! We are in touch with our theological roots, we are engaged in transforming our faith and we are fired up to take action in the wider world.

### **Early Bird Registration Open!**

[Early Bird Registration](#) is open through March 15. Full-time registration rates are \$400 for adults, \$250 for high school youth and retired and candidate ministers, or \$150 for off-site participants.



### **Quick Links**

[Congregation and Related Organization Job Openings](#) | [UUA Job Openings](#)  
[Post a Congregation or Related Organization Job Opening](#)  
[TRUUsT](#) | [BLUU](#) | [DRUUMM](#) | [ARE](#)  
[OWL Facilitator Trainings Calendar](#) | [Renaissance Module Calendar](#)  
[UU Leadership Institute](#) | [LeaderLab](#)  
[Annual Program Fund \(APF\)](#) | [Stewardship for Us](#) | [Faithify UU Crowdfunding](#)  
[inSpirit UU Book and Gift Shop](#) | [UU World](#)  
[UUA Website](#) | [Southern Region Website](#) | Southern Region Facebook [Page](#) and [Group](#)